

—106
THE RESTAURANT

breakfast menu

lunch and dinner menu

106 bar menu

breakfast menu

local trini favorites'

Salt Fish Buljol

(there are days when you wake up and you just don't feel like having cereal and milk...today can be that day...and tomorrow too!!!)

Served Best with Chaconia's Fresh Homemade Bake and Warm Plantain Salad

Smoked Herring

(our idea of this comfort food is a great way to start your day, especially where your taste buds are concerned)

Served Best with our Herbed Cornmeal Dumplings and Warm Plantain Salad

Chokas

(fire roasted to give a unique smoky flavor and enhanced with local aromatics...try our pumpkin choka, roasted tomato choka, roasted eggplant choka or our potato choka)

Sautéed Specialties

(delicious and tender as you like with a sweet, partially caramelized exterior...try our sautéed bodi, sautéed pak choi or sautéed spinach)

Fresh Paramin Fish

(the catch of the day flash fried with a medley our secret ingredients)

Eggs Your Way

(we're doing it your way...whether sunny side up, scrambled, poached or hard boiled)

Fluffed Omelets

(versatile in every way...try our vegetable, meat lover's or the classic french version)

sandwiches

Grilled Tuna Melt

(a rich tuna salad sandwich filled with sharp cheddar, lettuce & tomatoes grilled to melt)

Grilled Veg & Cheese

(grilled eggplant, bellpeppers & roasted tomato sandwich, graced with a herbed mayonnaise & pepperjack cheese)

Three Cheese Melt

(succulent cheddar, mozzarella & creamy pepperjack sandwich grilled to mouth watering perfection)

All of our Breakfast Items are served Inclusive of Any Two Side Dishes

Breakfast Courses are Served with a Choice of 2 Sides:

Chaconia's Fresh Homemade Bake, Sada Roti, Pancakes, French Toast, Regular Toast, Bacon, Breakfast Sausage, Warm Plantain Salad or our Fresh Garden Salad

Coffee, Juices and Tea???.. Well...That's on US!!!

lunch & dinner menu

MADE . FRESH . EVERYDAY .

starters, salads, soups and sandwiches

The 106's Soup of the Day

(different every day, made especially for you, served with a garlic toasted wedge)

The Caesar Salad

(upsized and served plain, or with your choice of succulent grilled chicken, blackened shrimp, beef tenderloin or salmon)

The 106 Burger

(our homemade beef patty is stuffed with fresh cheddar grilled to perfection and served with applewood smoked bacon and caramelized purple onions)

The 106 Roasted Chicken Club

(garlic roasted chicken served with applewood smoked bacon, vine ripened tomatoes, onions, crisp romaine and our special club dressing)

Chicken involtino

Tenderized chicken breast stuffed with bacon and fresh mozzarella breaded pan fried and graced with creamy cheese sauce

Grilled king fish supreme

Freshly caught king fish seasoned with our special herbs and spices grilled to Perfection then smothered in our rich honey ginger reduction

Gamberoni diavola

Jumbo shrimp marinated with traditional Italian herbs and spices then sautéed In a spicy tomato sauce

Sides

creamy mashed potatoes, sautéed potatoes, festive rice pilaf,
garden salad, sautéed vegetables, French fries, onion rings

pastas and main

Penne Arrabiata

(arrabiata means 'angry' in italian. this smooth dish with a kick, comes to life when we toss this pasta in a rich and spicy tomato sauce)

The 106 Fettuccini Alfredo

(fettuccini pasta tossed in a creamy cheese sauce with your choice of chicken or shrimp)

8oz ny striploin

seasoned and grilled to your desired doneness topped with our homemade peppercorn sauce

Roasted Rack of Lamb

(perfectly done and served with a chianti red wine reduction)

106 bar menu

REFRESHING. EVERYTIME.

The Usual Suspects...

The Margarita

Home-styled Sweet n' Sour, infused with our Golden Tequila, Triple Sec and a Splash of Grand Marnier for good measure. Try our Strawberry or Mango for that lil extra flavor.

The Cosmopolitan

A Sophisticated blend of Lemon Vodka, Orange Liqueur, Fresh Lime and hint of Cranberry just so right, it would make you blush.

The Sour Apple Martini

You've tried it just about everywhere...How about here???

Sangria

This magical blend of Red Wine, Red Rum, Orange liqueur, Pine Apple juice, a little splash of Happiness and diced fresh fruit comes to life by the glass or the pitcher.

Andalusia Melon Punch

An appealing blend of Melon Vodka, Coconut Rum and Fresh Fruit juice will definitely set the pace for relaxation after a long day.

Exotics...

The Mojito

White Rum and Club Soda infused with Fresh Limes and Fresh Mint carefully muddled with Sugar? One word...REFRESHING!!!

Valencia Lemon Squash

A refreshing hint of Lemon Vodka with freshly muddled Limes and a hint of Pure Cane Sugar awoken with a top off of Club Soda and Sprite.

Mandarin Punch

Fresh Limes are accented with Mandarin Vodka to give you another cooler for any hot day!!!

Chaconia's Island Iced Tea

It's 5 o'clock somewhere! Ask your Mixologist about this special blend. WARNING...This is not your average Iced Tea...one sip...two sips...three sips...FLOOR!!!

The Patio Dream

Peach Schnapps, Coconut Rum Liqueur, Vodka and Coconut Cream will set the pace for this trance.

Sparkles and Martinis...

Sparkling Bellini

A Sea of Bubbles will dance their way onto your palate with this classic drink...Try our Strawberry or Sorrel version for those festive occasions!!!

Sparkling Mimosa

An instant classic with a splash of fresh Orange Juice and a smidgen of Grand Marnier.

Lemon Drop

Lemon Infused Vodka in a Chilled Sugar Rimmed Glass..

The Chocolate Martini

This smooth blend of Vanilla Cream and White Chocolate with a hint of Vanilla Vodka. Two Words...Elegance with a Vengeance!!! ...okay that's four...but who's counting???

Roasted Almond Chocolate Martini

And you're still thinking about ordering this???

For the Regulars...

Rums...

Black Label Rum
White Oak
Single barrel
Eldorado 15 year old
Ron Zacapa 25 year old

Sparks and Bubbles...

Moet Chandon Brut
Moet Chandon Demi Sec
Veuve Clicquot Brut
Veuve Clicquot Demi Sec
Dom Perignon Brut

Whiskeys...

Dewars White Label
Black and White
Johnny Walker Black, Double Black
Jack Daniels
J&B
Crown Royal

Vodkas, Gins & Tequilas...

Smirnoff
Belevedere
Grey Goose
Ketel One
Tanqueray
Tanqueray 10
Beefeater
Patron

Beers...

Carib
Carib Pilsner
Stag
Heineken
Guinness
Royal
Mackeson
Corona

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THE RESTAURANT

All ingredients are of the best quality available. We use fresh produce whenever possible from our own micro-garden. Customers with Food Allergies need to be aware of their own risk. While we make every possible effort to identify Allergens, we cannot guarantee that the food being served is Allergen Free. We Will Not Assume Any Liability for any adverse reactions to meals and/or drinks consumed, or any items one may come into contact with whilst dining at this establishment. If you have any Food Allergies, please make your server aware when placing your orders.

Should you have any concerns, please feel free to communicate.

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